

CUDA Pentathlon

November 19 & 20, 2016

- Location:** Veterans Memorial Aquatic Center, 5310 E. 136 Ave., Thornton, Colorado 80602.
- Facilities:** Indoor ten (10) lanes 25 yard competition pool. The meet will either be run in heats of 8 or 10 lanes dependent upon number of entries. Additional warm-up and warm-down lanes will be available.
- Rules:** Current USA and Colorado rules shall govern the conduct of the meet.
Age of the swimmers is determined as of Saturday, November 19th, 2016.
All events will be pre-seeded.
All events are timed finals.
Swimmers must swim all five (5) of their age group events to be eligible for awards.
- Awards:** Individual trophies for the top 16 swimmers in their gender and age group. If a swimmer is disqualified, they will be given a time penalty as follows:
3 seconds for 25 yard events
4 seconds for 50 yard events
8 seconds for 100 yard events
12 seconds for 200 yard events
If the disqualification is intentional, in the opinion of the referee, the swimmer will be given the slowest time swum in that event.
- Entry Fees:** \$33.00 non-refundable fee for all five (5) events, which includes the Swimmer Surcharge.
Please make all checks payable to: **Aces Swim Club**
- Entry**
- Deadline:** All entries are due by Wednesday Oct 26, 2016. NO LATE ENTRIES!!
- Directions:** Take I-25 north to 136th Avenue, head east on 136th Avenue for 1-2 miles. Go past Colorado Blvd, and the Veterans Memorial Aquatic Center will be on the right side of the street.

Saturday Morning:

Warm up 7:15am // Start Time 8AM

Girls	Events	Boys
1	8 & Under 25 Fly	2
3	8 & Under 25 Back	4
5	8 & Under 25 Breast	6
7	8 & Under 25 Free	8
9	8 & Under 100 IM	10

*****Tentative*****

Saturday Mid-Day:

Warm-up 10am // Start 10:30am

Girls	Events	Boys
11	9-10 50 Fly	12
13	9-10 50 Back	14
15	9-10 50 Breast	16
17	9-10 50 Free	18
19	9-10 100 IM	20

*****Tentative*****

Saturday Afternoon:

Warm up 2pm // Start Time 2:30pm

Girls	Events	Boys
21	11-12 50 Fly	22
23	11-12 50 Back	24
25	11-12 50 Breast	26

Sunday Morning:

Warm up 7:15am // Start Time 8am

Girls	Events	Boys
31	13-14 100 Fly	32
33	13-14 100 Back	34
35	13-14 100 Breast	36
37	13-14 100 Free	38
39	13-14 200 IM	40

*****Tentative*****

Sunday afternoon:

Warm-up: Noon // Start time: 12:45pm

Girls	Events	Boys
41	15 & Over 100 Fly	42
43	15 & Over 100 Back	44
45	15 & Over 100 Breast	46
47	15 & Over 100 Free	48
49	15 & Over 200 IM	50

Tentative Start times will be finalized the week prior to the meet.