

ACES Last Chance Long Course Open

July 16th, 2017

Location: Lowry Pool, 775 Akron, Building #695, Denver, Colorado 80230.

Facilities: Outdoor 6 lanes 50 meter pool with non-turbulent lane lines.

Rules:

- Current 2017 USA Swimming Rules will govern the meet.
- All events will be timed finals.
- The meet will be seeded fastest to slowest.
- The 400-800-1500 Free and the 400 IM will require positive check-in, and will be deck seeded. Positive check-in will close approximately one hour before the event. Swimmers must provide their own counter and timers.
- Depending upon the time line and weather conditions, all events may be deck seeded, and require a positive check-in.
- The 400-800-1500 Freestyle/400 IM will require positive check-in and will be deck seeded and will require own timers. Positive check-in will close approximately one (1) hour before the event.
- The 800-1500 Free will be swum fastest to slowest alternating Girls and Boys, and require swimmers to provide their own timers and counters.
- Age as of July 16th, 2017, will determine the swimmer's age group.
- All swimmers must be prepared to show current USA card.
- Swimmers may enter no more than four (4) individual events plus relays

Awards: There will be no awards

Entry Fees: Individual Events \$5.00 each
Swimmer Surcharge \$9.00 per swimmer
Please make checks payable to the: **Aces Swim Club.**

Entry

Deadline: All entries are due by Sunday, July 9th, 2017.

LSC Long Course Championship:

The ACES Last Chance Meet satisfies the CSI entry deadline for last chance entries for the upcoming LSC LC Championship meet being held in Fort Collins. All new qualifying times must be submitted along with the correct payment to the Meet Director at the ACES Last Chance Meet BEFORE the end of the meet. The ACES Last Chance Meet Entry Chair will forward all submitted qualifying entries to the LCS Championship Meet Entry Chair. Entries will not be accepted from individuals or teams, only from Last Chance host. Note: Updating previously entered times is not permitted.

Schedule of Events, Sunday Morning, July 16th, 2017

Warm Up: 7:00 - 7:50 A.M. Session Starts: 8:00 A.M.

Female Event #	Age Group	Description	Male Event #
1	Open	200 Free relay	2
3	Open	50 Free	4
5	Open	100 Fly	6
7	Open	50 Back	8
9	Open	200 Back	10
11	Open	200 Free	12
13	Open	50 Breast	14
15	Open	200 Breast	16
17	Open	400 IM	18
19	Open	200 Medley Relay	20

Schedule of Events, Sunday Middle Session, July 16th, 2017

Warm Up: TBD Session Starts: TBD

Female Event #	Age Group	Description	Male Event #
21	Open	800 Free	22
23	Open	1500 Free	24

Schedule of Events, Sunday Afternoon, July 16th, 2017

Warm Up: 1:00 - 1:50 P.M. Session Starts: 2:00 P.M.

Female Event #	Age Group	Description	Male Event #
25	Open	100 Free	26
27	Open	50 Fly	28
29	Open	200 Fly	30
31	Open	100 Breast	32
33	Open	200 IM	34
35	Open	100 Back	36
37	Open	400 Free	38
39	Open	400 Free Relay	40