

ACES Long Course Spring Open

May 26, 27, 28, 2017

Location: Lowry Pool, 775 Alton, Building #695, Denver, Colorado 80230.

Facilities: Outdoor 6 lanes 50 meter pool with non-turbulent lane lines.

Rules:

- Current 2017 USA Swimming Rules will govern the meet.
- Times must be entered in **LONG COURSE METERS**.
- All events will be timed finals.
- Positive check-in is approximately 1 hour before the event, except for the 10 & Under & 11-12 200 Freestyle. Depending upon the time line and weather conditions, all events may be deck seeded and require a positive check-in.
- The meet will be pre-seeded, except for the 400-800-1500 Free, 400 IM, 10 & Under 200 Free, and the 11 & 12 200 Free, which will deck-seeded.
- A swimmer may enter either the 800 or 1500 Free, not both.
- All events will be swum fastest to slowest
- The 400-800-1500 Free and the 400 IM will be swum fastest to slowest alternating Girls and Boys.
- Positive check-in closes Approximately one hour prior to the start of the meet except for the 10 & Under 200 Free and 11 & 12 Free. Positive check-in for these events (#37-40) is required prior to warm up.
- Swimmers must provide their own counter and timers.
- Deck changing is prohibited.
- Age as of May 26th, 2017, will determine the swimmer's age group.
- All swimmers must be prepared to show current USA card.
- Swimmers are limited to **four (4) individual events per day**.

Awards: Individual Events
10-U, 11-12, 13 & 14 Ribbons 1st-6th Place
Open No Awards (including 12 & U in Senior Events)

Entry Fees: Individual Events \$5.00 each
Swimmer Surcharge \$8.00 per swimmer
Please make checks payable to the: Aces Swim Club.

Entry

Deadline: All entries are due by Monday, May 8th, 2017.

**NO LATE ENTRIES WILL BE ACCEPTED
UNDER ANY CIRCUMSTANCE**

Volunteers: All ACES families that have swimmers in the meet will be required to sign up for two (2) volunteer shifts per swimmer. Anyone who uses the "Opt Out" option will be charged \$100. If you choose not to "opt out" and do not show for your shift, or find a replacement for your assigned shift, you will also be charged the \$100 fee!

2017 Colorado ACES Spring Open

Friday Afternoon, May 26th, 2017 4:00 Warm-up, 5:00 Start

Female Event #	Age Group	Description	Male Event #
1	10 & Under	50 Fly	2
3	11 & 12	50 Fly	4
5	Open	200 Fly	6
7	10 & Under	100 Back	8
9	11 & 12	100 Back	10
11	Open	100 Back	12
13	10 & Under	50 Breast	14
15	11 & 12	50 Breast	16
17	10 & Under	100 Free	18
19	11 & 12	100 Free	20
21	Open	100 Free	22

Saturday Morning, May 27th, 2017 8:00 AM Warm-up, 9:00 AM Start

Female Event #	Age Group	Description	Male Event #
23	Open	200 Free	24
25	Open	100 Breast	26
27	Open	200 IM	28
29	Open	100 Fly	30
31	Open	200 Back	32
33	Open	50 Free	34
35	Open	400 Free	36

Saturday Afternoon, May 27th, 2017 1:00 Warm-up, 2:00 Start (tentative)

Female Event #	Age Group	Description	Male Event #
37	10 & Under	200 Free	38
39	11 & 12	200 Free	40
41	10 & Under	100 Breast	42
43	11 & 12	100 Breast	44
45	10 & Under	200 IM	46
47	11 & 12	200 IM	48
49	10 & Under	100 Fly	50
51	11 & 12	100 Fly	52
53	10 & Under	50 Back	54
55	11 & 12	50 Back	56
57	10 & Under	50 Free	58
59	11 & 12	50 Free	60

Sunday Morning, May 28th, 2017 8:00 AM Warm-up, 9:00 Start

Female Event #	Age Group	Description	Male Event #
61	Open	200 Breast	62
63	Open	400 IM	64
65	12 & Under	400 Free	66
67/69	Open	800/1500 Free	68/70