

Senior Circuit Sprint Eliminator December 27th 2017

Location: Cherry Creek High School, 9300 E. Union Avenue,
Greenwood Village, CO 80111

Facilities: Indoor 8 lanes, 25 yard pool, with bleacher space for spectators.

Rules:

- Current USA Swimming Rules will govern the meet.
- Age of swimmer is determined as of December 27th, 2017.
- Only open to 13 & Over Athletes.
- Deck changing other than in the locker rooms or other designated area is prohibited.
- Swimmers may swim three (3) individual events and two (2) relays.
- Round 1 of the meet will be pre-seeded.
- The subsequent rounds will be run in an Eliminator format.
- **Entry times must be in Short Course Yards Times.**

Entry Fees: Swimmer surcharge & fees \$16.00 per swimmer
Please make check payable to: Aces Swim Club.

Entry

Deadline: All entries are due Friday, December 22, 2017.

2017 Senior Circuit Sprint Eliminator

December 27, 2017

Schedule of Events 13 and Over Swimmers Only!

Warm-up: 12:00 AM

Start: 1:00 PM

<u>WOMEN</u>	<u>EVENT</u>	<u>MEN</u>
1*	200 Medley Relay	2*
3	50 Fly	4
5	25 Free	6
7	50 Back	8
9	25 Breast	10
11!	25 Free Underwater	12!
13	50 Breast	14
15	25 Back	16
17	50 Free	18
19	25 Fly	20
21	100 IM	22
23#	200 Free Relay	24#

Round One will include all events and be pre-seeded. The top 16 will be seeded into Round Two, which will be swum in the same order of events. The top 8 from each Round Two event will be seeded into Round Three. From Round Three the top two will be seeded into the Championship Round. There will be a twenty minute break between rounds one & two, and two & three, and then a ten minute break between rounds three & four to allow time for seeding.

The pool will be open for warm-up/warm-down during breaks

- * The 200 Medley Relay will be swum at the beginning of round 1 and is a timed final event.
- # The 200 Free Relay will be swum at the conclusion of Round 3, and is Timed Final event.
- ! Events #11 & 12 will be swum under water after a forward dive entry using any stroke desired. During the race, a swimmer may break the surface of the water to take a breath, but then must immediately re-submerge to continue swimming. If the swimmer takes any propulsive strokes on the surface of the water, he/she will be disqualified.