

FAST Winter Open

December 8, 9, 10, 2017

Location: EPIC Pool, 1801 Riverside Ave. Ft. Collins, CO. Phone (970) 221-6683.

Facilities: Ten (10) lane 25 competition pool., plus twelve (12) lanes for continuous warm-up/warm-down throughout the meet.

Rules:

- Current USA Swimming Rules will govern the meet.
- Age as of December 8th, 2017, will determine the swimmer's age group.
- All swimmers must be prepared to show current USA card.
- Deck changing is prohibited
- All of Friday's events will be swum as timed finals
- Prelim/Finals for 12 & U, 13 & 14, and 15 & Over on Saturday & Sunday
- Timed Finals for 8 & U and 10 & U on Saturday & Sunday.
- **Swimmers must provide their own timers and counter for the 500-1650 Free & 400 IM.**
- **Positive check in is required for the 400 IM and 500-1650 Free at least 30 minutes prior to the event!**
- Swimmers swimming in any prelim events are limited to three (3) events per day.
- 10 & Under swimmers NOT swimming in prelim events, may enter four (4) events per day.

Awards:	Individual Events	8 & U, 9-10, 11-12, 13-15	Medals 1 st - 3 rd Place
			Ribbons 4 th -10 th Place
		13 & 14	Medals 1 st - 3 rd Place
		15 & Over	Participation Award

Entry Fees: Individual Events \$ 6.50 per event
Swimmer Surcharge \$12.00 per swimmer

Please make checks payable to: Aces Swim Club.

Entry

Deadline: All entries are due by Wednesday Nov 1st, 2017.

Directions: Take I-25 north to Ft. Collins and take the Prospect Exit. Turn left (or west) on Prospect to Riverside. Turn left on Riverside and go two to three blocks, and the pool will be on the right side of the street.

Friday, December 8, 2017

Session 1

Warm up: 4:30 PM

Start: 5:30 PM

Female	AGE	EVENT	Male
1	12&U	200 Fly	2
3	10&U	200 Free	4
5	OPEN	400 I.M.	6
7	12&U	200 Breast	8
9	OPEN	500 FREE*	10
11	12&U	200 Back	12
13	OPEN	1650 FREE**	14

*Positive Check-in required 30 minutes prior to the meet for 500 Freestyle. Positive Check-In required by the START of the meet for 1650 Free.

The 1650 free and 500 free may be limited to the fastest 30 male and the fastest 30 female entrants. Events will be swum Fastest to Slowest alternating Girls and Boys

Swimmers must supply counters and be prepared to provide timers for the 1650 Free.

Saturday, December 9, 2017

Session 2 - Prelims:

Warm-up: 7:00 AM

Start: 8:00 AM

Female	AGE	EVENT	Male
15	15&O	200 FLY	16
17	13/14	200 FLY	18
19	12&U	50 FLY	20
21	15&O	200 I.M.	22
23	13/14	200 I.M.	24
25	12&U	100 I.M.	26
27	15&O	100 BACK	28
29	13/14	100 BACK	30
31	12&U	100 BACK	32
33	15&O	200 BREAST	34
35	13/14	200 BREAST	36
37	12&U	50 BREAST	38
39	15&O	100 FREE	40
41	13/14	100 FREE	42
43	12&U	100 FREE	44

Session 4 - Finals:

Warm-up: 3:45 PM

Start: 4:30 PM

Female	AGE	EVENT	Male
15	15&O	200 FLY	16
17	13/14	200 FLY	18
19	12&U	50 FLY	20
21	15&O	200 I.M.	22
23	13/14	200 I.M.	24
25	12&U	100 I.M.	26
27	15&O	100 BACK	28
29	13/14	100 BACK	30
31	12&U	100 BACK	32
33	15&O	200 BREAST	34
35	13/14	200 BREAST	36
37	12&U	50 BREAST	38
39	15&O	100 FREE	40
41	13/14	100 FREE	42
43	12&U	100 FREE	44

Sunday, December 10, 2017**Session 5 - Prelim:**

Warm-up: 7:00 AM

Start: 8:00 AM

Female	AGE	EVENT	Male
59	12&U	200 I.M.	60
61	15&O	200 BACK	62
63	13/14	200 BACK	64
65	12&U	50 BACK	66
67	15&O	50 FREE	68
69	13/14	50 FREE	70
71	12&U	50 FREE	72
73	15&O	100 BREAST	74
75	13/14	100 BREAST	76
77	12&U	100 BREAST	78
79	15&O	200 FREE	80
81	13/14	200 FREE	82
83	12&U	200 FREE	84
85	15&O	100 FLY	86
87	13/14	100 FLY	88
89	12&U	100 FLY	90

Session 7 -Finals:

Warm-up: 3:45 PM

Start: 4:30 PM

Female	AGE	EVENT	Male
59	12&U	200 I.M.	60
61	15&O	200 BACK	62
63	13/14	200 BACK	64
65	12&U	50 BACK	66
67	15&O	50 FREE	68
69	13/14	50 FREE	70
71	12&U	50 FREE	72
73	15&O	100 BREAST	74
75	13/14	100 BREAST	76
77	12&U	100 BREAST	78
79	15&O	200 FREE	80
81	13/14	200 FREE	82
83	12&U	200 FREE	84
85	15&O	100 FLY	86
87	13/14	100 FLY	88
89	12&U	100 FLY	90

8&U/10&U Timed Finals

NOTE: The 8&U / 10&U meet sessions are anticipated to progress rapidly. Please be aware that the rest period between consecutive events may be quite short.

Saturday, December 9, 2017**Session 3 – 8 & U / 10 & U Afternoon Timed Finals**

Warm-up: 12:30 PM

Start: 1:10 PM

Female	AGE	EVENT	Male
45	10 & U	100 I.M.	46
47	8 & U	25 FLY	48
49	10 & U	50 FLY	50
51	10 & U	100 Free	52
53	8 & U	25 BACK	54
55	10 & U	100 BACK	56
57	10 & U	50 BREAST	58

Sunday, December 10, 2017

Session 6 – 8 & U / 10 & U Afternoon Time Finals

Warm-up: 12:30 PM

Start: 1:10 PM

Female	AGE	EVENT	Male
91	10 & U	200 I.M.	92
93	10 & U	100 FLY	94
95	8 & U	25 Free	96
97	10 & U	50 FREE	98
99	10 & U	50 BACK	100
101	8 & U	25 BREAST	102
103	10 & U	100 BREAST	104