

## 2018 ACES Summer Open Warm-ups

**Thursday Evening: 4:00-4:55 PM. Meet start is 5:00 PM.  
Positive Check-in for 800 Free closes at 5:00 PM.**

|                         | Lane 1                          | Lane 2 | Lane 3 | Lane 4 | Lane 5    | Lane 6                     |
|-------------------------|---------------------------------|--------|--------|--------|-----------|----------------------------|
| 4:00-4:25<br>(12 Under) | ACES                            | ACES   | DSA    | STAR   | CSST/DOGS | DTST/<br>ROCK/<br>WOOD/CAC |
| 4:25-4:55<br>(13 Over)  | 13 & Over Swimmers Open Warm-up |        |        |        |           |                            |

**Friday AM Prelim Session: 7:00-8:30 AM Warm-up, 8:35 Meet start.**

|                         | Lane 1 | Lane 2 | Lane 3    | Lane 4            | Lane 5 | Lane 6            |
|-------------------------|--------|--------|-----------|-------------------|--------|-------------------|
| 7:00-7:20<br>(12 Under) | ACES   | ACES   | ACES      | ACES              | DOGS   | ROCK/<br>DTST/CAC |
| 7:20-7:40<br>(12 Under) | CSST   | DSA    | DSA       | DSA/<br>WOOD      | STAR   | STAR              |
| 7:40-8:05<br>(13 Over)  | ACES   | ACES   | ACES      | ACES              | DOGS   | DOGS              |
| 8:05-8:30<br>(13 Over)  | DSA    | DSA    | STAR/ROCK | ROCK/<br>WOOD/CAC | CSST   | CSST/DTST         |

**Friday PM Finals Session: 3:45-4:40 Warm-up, 4:45 Meet Start.**

|           | Lane 1                           | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|-----------|----------------------------------|--------|--------|--------|--------|--------|
| 3:45-4:10 | 12 & Under Swimmers Open Warm-up |        |        |        |        |        |
| 4:10-4:40 | 13 & Over Swimmers Open Warm-up  |        |        |        |        |        |

**Saturday AM Prelim Session: 7:00-8:30 AM Warm-up, 8:35 Meet start.**

|                         | Lane 1 | Lane 2 | Lane 3    | Lane 4       | Lane 5    | Lane 6        |
|-------------------------|--------|--------|-----------|--------------|-----------|---------------|
| 7:00-7:20<br>(12 Under) | ACES   | ACES   | ACES      | ACES         | DOGS      | ROCK/DTST     |
| 7:20-7:40<br>(12 Under) | CSST   | CSST   | DSA       | DSA          | WOOD/DTST | STAR          |
| 7:40-8:05<br>(13 Over)  | ACES   | ACES   | ACES      | ACES         | DOGS      | DOGS/<br>DTST |
| 8:05-8:30<br>(13 Over)  | DSA    | DSA    | STAR/ROCK | ROCK/<br>CAC | CSST      | CSST/WOOD     |

**Saturday PM Finals Session: 3:45-4:40 Warm-up, 4:45 Meet Start.**

|           | Lane 1                           | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|-----------|----------------------------------|--------|--------|--------|--------|--------|
| 3:45-4:10 | 12 & Under Swimmers Open Warm-up |        |        |        |        |        |
| 4:10-4:40 | 13 & Over Swimmers Open Warm-up  |        |        |        |        |        |

**Sunday AM Session: 7:30-8:25 AM Warm-up, 8:30 AM start.**

|                         | Lane 1                          | Lane 2 | Lane 3 | Lane 4    | Lane 5       | Lane 6                     |
|-------------------------|---------------------------------|--------|--------|-----------|--------------|----------------------------|
| 7:30-7:55<br>(12 Under) | ACES                            | ACES   | DSA    | CSST/DOGS | STAR/<br>CAC | ROCK/<br>DTST/<br>WOOD/CAC |
| 7:55-8:25<br>(13 Over)  | 13 & Over Swimmers Open Warm-up |        |        |           |              |                            |