

## **CMA Valentine's Open February 8-10, 2019**

**Location:** Cheyenne Mountain High School, 1200 Cresta Road, Colorado Springs, CO 80906.

**Facilities:** Indoor eight (8) lanes 25-yard pool with non-turbulent lane markers.

**Rules:**

- Current USA Swimming Rules will govern the meet.
- Deck changing is prohibited.
- Will swim age groups together but will score the age groups as single ages.
- Positive check-in required for all Friday events and must be completed no later than 30 minutes prior to the start of the session.
- The 500-1650 Freestyle, and 400 IM will be swum fastest to slowest alternating girls & boys.
- Swimmers in the 500-1650 Freestyle must provide their own timers (2) and counters, 400 IM must provide their own timers (2).
- All events will be timed finals.
- The meet will be pre-seeded.
- Age as of February 8<sup>th</sup>, 2019, will determine the swimmer's age group.
- All swimmers must be prepared to show current USA card.
- Each athlete may enter a maximum of four (4) events plus one (1) relay per session. 11-12 swimmers may swim a maximum of five (5) individual events per day of which only four (4) may be in any one session.

**Awards:** Top 6 places in high point for 8-Under, 9, 10, 11, 12, age groups will receive an award. Top 6 places in each Saturday and Sunday AM session events will receive ribbons. Scoring will be 16-place scoring (20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1) in individual events only and only in Saturday's and Sunday's AM sessions. We will swim age groups together but will score age groups as single ages. Open events and relays do not count towards high point scoring or award

**Entry Fees:** Individual Events                   \$5.00 per event  
Swimmer Surcharge                   \$11.00 per swimmer  
Please make checks payable to: Aces Swim Club.

**Entry**

**Deadline:** All entries are due by Monday, January 21, 2019. **NO LATE ENTRIES!**

**Directions:** Take I-25 southbound to Colorado Springs, take the Exit #141 Cimarron, drive west approximately 2.0 miles to 21<sup>st</sup> Street, turn left (south) on 21<sup>st</sup> Street, Cheyenne Mountain HS is 2.5 miles south on 21<sup>st</sup> Street.

**Schedule:**

Session 1	Friday	Warm-Up: 4:00 PM	Meet Starts: 5:00 PM
Session 2	Saturday AM	Warm-Up: 7:00 AM	Meet Starts: TBD
Session 3	Saturday PM	Warm-Up: TBD	Meet Starts: TBD
Session 4	Sunday AM	Warm-Up: TBD	Meet Starts: TBD
Session 5	Sunday PM	Warm-Up: TBD	Meet Starts: TBD

## 2019 CMA Valentine's Open

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Girls Event #	Event Description	Boys Event #
<b><u>Session 1 – Friday Evening</u></b> <i>Check In Closes 30 Minutes Before Meet Start</i>		
1*	Open 500 Free	2*
3*	Open 400 IM	4*
5**	Open 1650 Free	6**
<b><u>Session 2 – Saturday Morning</u></b>		
7	8 & Under 100 Free Relay	8
9	12 & Under 200 Free Relay	10
11	10 & Under 25 Freestyle	12
13	12-Under 100 Freestyle	14
15	12-Under 50 Breaststroke	16
17	12-Under 100 Backstroke	18
19	10 & Under 25 Butterfly	20
21	12-Under 50 Butterfly	22
23	12-Under 100 IM	24
<b><u>Session 3 – Saturday Afternoon</u></b>		
25	Open 200 IM	26
27	Open 100 Freestyle	28
29	Open 200 Backstroke	30
31	Open 100 Butterfly	32
33	Open 200 Breaststroke	34
<b><u>Session 4 – Sunday Morning</u></b>		
35	8 & Under 100 Medley Relay	36
37	12 & Under 200 Medley Relay	38
39	10 & Under 25 Backstroke	40
41	12-Under 50 Backstroke	42
43	12-Under 100 Breaststroke	44
45	12-Under 50 Freestyle	46
47	10 & Under 25 Breaststroke	48
49	12-Under 100 Butterfly	50
<b><u>Session 5 – Sunday Afternoon</u></b>		
51	Open 200 Freestyle	52
53	Open 100 Backstroke	54
55	Open 50 Freestyle	56
57	Open 100 Breaststroke	58
59	Open 200 Butterfly	60

\*=Positive Check-In Event/Run Fastest To Slowest Alternating Girls/Boys

\*\*=Positive Check-In Event/Run Fastest To Slowest Alternating Girls/Boys – May Be Limited To Four Heats