

Colorado State Age Group Short Course Swimming Championship

February 22, 23, 24, 2019

Location: V.M.A.C. 5310 E. 136th Avenue, Thornton, CO. 80026

Facilities: Indoor, ten lanes, 50-meter pool with two movable bulkheads set at 25 yards. Continuous warm-up/warm-down lanes available during the meet.

Rules:

- Age as of the first day of the meet will determine the swimmer's age group for competition. February 22nd, 2019.
- Deck changing is prohibited.
- All events except relays and 10 & Under events will be swum in both preliminaries and finals.
- All 10 & Under events will be swum as a Timed Final during the Final Session on each day.
- The meet will be pre-seeded.
- All swimmers in the 1650 Freestyle will require a positive check-in 30 minutes after the start of Finals, the night before the event will be contested. The 1650 will be swum fastest to slowest alternating girls and boys. The fastest heat of girls and the fastest heat of boys will be swum in Finals.
- This is a qualifying Championship meet! See time standards below. Times must be exact or faster than the times below to swim in any particular event. It is mandatory that swimmers entered, have times that can be substantiated. If any individual does not meet the qualifying standard for an event and cannot prove the time, he/she will be fined a \$50.00 fine before they can continue swimming their next event. Also, ten points will be deducted from the ACES points. **This is not a meet where fudging will be allowed.** A time must have been made from February 23rd, 2018, through February 11th, 2019.
- A swimmer not reporting to a Final event in which the results were posted for his/her swim, will be barred from further competition in the meet PLUS a \$50.00 fee will be assessed to the swimmer not in compliance with the scratch rule. **This includes Finals and Consolation finals.** This means if you miss your event or you do not scratch the event on that day yourself, you are done for the meet. There are no exceptions. It is the swimmer's, not the coach's responsibility.
- **A swimmer may enter three (3) individual events and one (1) relay event per day, maximum of seven (7) events for the entire meet).**

Scratches: All scratches for the first day must emailed by our coaches (tom1@aceswimclub.com) by 2:00 PM Thursday, February 21st, 2019, to the entry Chairperson (tell Tom Byorick if you are **not** going to be there the **first day!**). The scratch deadline for all subsequent days shall be thirty minutes after the published start of the Final Session of each day's events.

Awards	Individual Events	Medals	1 st - 10 th Place	Ribbons	11 th - 20 th Place
	Relay Events	Medals	1 st - 3 rd Place	Ribbons	4 th - 10 th Place
	High Point	Award	Top Female & Male athlete each age group		

Entry Fees: Individual Events \$ 6.00 per event
Swimmer Surcharge \$15.00 per swimmer
Please make checks payable to: **Aces Swim Club.**

Entry

Deadline: **All entries are due by Sunday, February 10, 2019. NO LATE ENTRIES!!**

Directions: Take I-25 north to 136th Avenue, head east on 136th Avenue for 1-2 miles. Go past Colorado Blvd, and the Veterans Memorial Aquatic Center will be on the right side of the street.

Parents: **ACES Parents will have to help with the timing for Friday, Saturday and Sunday Events for both Prelims and Finals. Please help without being asked.**

2019 CSI Age Group State Championship Time Standards
February 22-24, 2019

Women			10&Under	Men		
LCM	SCM	SCY	Event	LCM	SCM	SCY
0:36.59	0:35.79	0:32.19	50 Free	0:36.59	0:35.79	0:32.19
1:20.19	1:18.59	1:10.79	100 Free	1:20.79	1:19.19	1:11.29
2:59.19	2:55.99	2:38.49	200 Free	3:00.19	2:56.99	2:39.39
0:42.99	0:42.39	0:38.19	50 Back	0:43.49	0:42.89	0:38.59
1:32.39	1:31.19	1:22.09	100 Back	1:34.59	1:33.39	1:24.09
0:49.89	0:48.89	0:43.99	50 Breast	0:51.19	0:50.19	0:45.19
1:47.39	1:45.39	1:34.89	100 Breast	1:49.29	1:47.29	1:36.59
0:41.99	0:41.29	0:37.19	50 Fly	0:42.39	0:41.69	0:37.49
1:39.49	1:38.09	1:28.29	100 Fly	1:40.79	1:39.39	1:29.49
	1:32.09	1:22.89	100 IM		1:33.69	1:24.39
3:20.89	3:17.69	2:58.09	200 IM	3:22.99	3:19.79	2:59.99
2:58.89	2:56.89	2:38.69	200 Med Rel	3:09.79	3:07.29	2:48.59
2:31.99	2:29.99	2:14.09	200 Fr Rel	2:35.99	2:33.99	2:19.99

11-12 & 12&Under

LCM	SCM	SCY	Event	LCM	SCM	SCY
0:31.79	0:30.99	0:27.89	50 Free	0:32.09	0:31.29	0:28.19
1:09.29	1:07.69	1:00.99	100 Free	1:09.89	1:08.29	1:01.49
2:31.29	2:28.09	2:13.39	200 Free	2:34.59	2:31.39	2:16.39
5:21.49	5:15.09	6:00.19	400/500 Free	5:30.09	5:23.69	6:09.79
0:36.19	0:35.59	0:31.99	50 Back	0:37.29	0:36.69	0:32.99
1:17.29	1:16.09	1:08.59	100 Back	1:19.79	1:18.59	1:10.79
2:48.39	2:45.99	2:29.49	200 Back	2:55.99	2:53.59	2:36.39
0:41.69	0:40.69	0:36.59	50 Breast	0:42.69	0:41.69	0:37.49
1:28.79	1:26.79	1:18.19	100 Breast	1:32.39	1:30.39	1:21.39
3:15.79	3:11.79	2:52.79	200 Breast	3:22.19	3:18.19	2:58.49
0:34.39	0:33.69	0:30.29	50 Fly	0:35.19	0:34.49	0:31.09
1:18.29	1:16.89	1:09.19	100 Fly	1:20.89	1:19.49	1:11.59
3:09.09	3:06.29	2:47.79	200 Fly	3:18.59	3:15.79	2:56.39
	1:17.49	1:09.79	100 IM		1:19.19	1:11.29
2:50.49	2:47.29	2:30.69	200 IM	2:53.79	2:50.59	2:33.69
6:14.09	6:07.69	5:31.19	400 IM	6:33.29	6:26.89	5:48.49
2:37.49	2:32.59	2:17.19	200 Med Rel	2:43.59	2:40.49	2:23.59
2:14.09	2:10.89	1:58.09	200 Fr Rel	2:19.29	2:15.99	2:01.99

13-14

LCM	SCM	SCY	Event	LCM	SCM	SCY
0:29.49	0:28.69	0:25.89	50 Free	0:28.19	0:27.39	0:24.69
1:03.89	1:02.29	0:56.09	100 Free	1:00.99	0:59.39	0:53.49
2:19.69	2:16.49	2:02.89	200 Free	2:14.09	2:10.89	1:57.89
4:55.59	4:49.19	5:31.19	400/500 Free	4:45.49	4:39.09	5:19.79
20:45.09	20:21.09	19:40.29	1500/1650 Free	20:33.89	20:09.89	19:37.39
1:11.69	1:10.49	1:03.49	100 Back	1:10.19	1:08.99	1:02.09
2:32.99	2:30.59	2:15.69	200 Back	2:31.19	2:28.79	2:13.99
1:22.09	1:20.09	1:12.09	100 Breast	1:19.99	1:17.99	1:10.19
2:59.49	2:55.49	2:38.09	200 Breast	2:55.79	2:51.79	2:34.69
1:10.69	1:09.29	1:02.49	100 Fly	1:09.59	1:08.19	1:01.39
2:42.79	2:39.99	2:24.19	200 Fly	2:39.59	2:36.79	2:21.19
2:35.79	2:32.59	2:17.39	200 IM	2:32.09	2:28.89	2:14.09
5:35.09	5:28.69	4:56.09	400 IM	5:29.89	5:23.49	4:51.39
5:19.69	5:13.29	4:42.29	400 Med Rel	5:18.99	5:12.99	4:42.49
4:36.89	4:30.49	4:01.99	400 Fr Rel	4:32.49	4:24.99	3:59.99

2019 COLORADO SWIMMING AGE GROUP CHAMPIONSHIP EVENTS

Friday's Prelim Events		
Warm-up 7:00 am		Start 8:30 AM
Women	EVENT	Men
3	11-12 100 Breast	4
5	13-14 200 Breast	6
9	11-12 200 I.M.	10
11	13-14 200 I.M.	12
15	11-12 50 Fly	16
17	13-14 100 Fly	18
21	12-U 500 Free	22
23	13-14 500 Free	24
25 TFP	12-U 200 Back	26 TFP

Friday's Finals Events		
Warm-up 10&U 3:15 11&O 3:45 pm		Start 4:30 PM
Women	EVENT	Men
1 TF	10-U 50 Breast	2 TF
3	11-12 100 Breast	4
5	13-14 200 Breast	6
7 TF	10-U 200 I.M.	8 TF
9	11-12 200 I.M.	10
11	13-14 200 I.M.	12
13 TF	10-U 50 Fly	14 TF
15	11-12 50 Fly	16
17	13-14 100 Fly	18
19 TF	10-U 100 Free	20 TF
21	12-U 500 Free	22
23	13-14 500 Free	24

TFP = TIMED FINALS IN PRELIMS

TF = TIMED FINALS IN FINALS

Saturday's Prelim Events		
Warm-up 7:00 am		Start 8:30 AM
Women	EVENT	Men
27 TFP	12-U 200 Med Relay	28 TFP
29 TFP	14-U 400 Med Relay	30 TFP
33	11-12 200 Free	34
35	13-14 50 Free	36
37	11-12 100 I.M.	38
39	13-14 400 I.M.	40
43	11-12 50 Back	44
45	13-14 100 Back	46
49	11-12 50 Breast	50
51	13-14 100 Breast	52
55	11-12 100 Free	56
57	13-14 200 Free	58
59 TFP	12-U 200 Fly	60 TFP

Saturday's Finals Events		
Warm-up 10&U 3:15 11&O 3:45 pm		Start 4:30 PM
Women	EVENT	Men
31 TF	10-U 200 Med Relay	32 TF
33	11-12 200 Free	34
35	13-14 50 Free	36
37	11-12 100 I.M.	38
39	13-14 400 I.M.	40
41 TF	10-U 50 Back	42 TF
43	11-12 50 Back	44
45	13-14 100 Back	46
47 TF	10-U 100 Breast	48 TF
49	11-12 50 Breast	50
51	13-14 100 Breast	52
53 TF	10-U 200 Free	54 TF
55	11-12 100 Free	56
57	13-14 200 Free	58

SUNDAY PRELIM EVENTS WILL BE SWUM OUT OF NUMERICAL ORDER

Sunday's Prelim Events		
Warm-up 7:00 am		Start 8:30 AM
Women	EVENT	Men
61 TFP	12-U 200 Free Relay	62 TFP
63 TFP	14-U 400 Free Relay	64 TFP
69 TFP	12-U 400 I.M.	70 TFP
75	13-14 200 Back	76
73	11-12 100 Back	74
81	13-14 100 Free	82
79	11-12 50 Free	80
87	13-14 200 Fly	88
85	11-12 100 Fly	86
	5 min break	
89 TFP	12-U 200 Breast	90 TFP
91*TFP	*14-U 1650 Free	92*TFP

Sunday's Finals Events		
Warm-up 10&U 3:15 11&O 3:45 pm		Start 4:30 PM
Women	EVENT	Men
65 TF	10-U 200 Free Relay	66 TF
91* TFP	*14-U 1650 Free	
67 TF	10-U 100 I.M.	68 TF
	14-U 1650 Free	92 TFP
71 TF	10-U 100 Back	72 TF
73	11-12 100 Back	74
75	13-14 200 Back	76
77 TF	10-U 50 Free	78 TF
79	11-12 50 Free	80
81	13-14 100 Free	82
83 TF	10-U 100 Fly	84 TF
85	11-12 100 Fly	86
87	13-14 200 Fly	88

* TFP = FASTEST HEAT OF MENS AND FASTEST HEAT OF WOMENS SWIM IN FINALS.

TFP = TIMED FINALS IN PRELIMS

TF = TIMED FINALS IN FINALS